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**Breakthrough Parenting for Children with Special Needs:
Raising the Bar of Expectations**
by Judy Winter

Families of children with special needs searching for good parenting advice that gets results need look no further than *Breakthrough Parenting for Children with Special Needs: Raising the Bar of Expectations*. Judy Winter delivers inspiring success stories, valuable resources, parent-tested strategies for success, and the validating words families of children with special needs need to hear to help their children achieve better lives.

An award-winning journalist on special needs issues who successfully parented a child with cerebral palsy for nearly thirteen years, Judy Winter is well versed on her subject matter. The author serves up a rare and powerful mix of skilled journalist and adoring mom that will keep readers turning the pages, and wanting more. Her words are both emotional— as when Winter shares her struggles to achieve full societal inclusion for her son, Eric, and his sudden death in 2003 at age 12, and empowering— as she recaps Eric’s remarkable life achievements, including composing music.

The inclusion of powerful and insightful interviews with **Dana Reeve** of the Christopher Reeve Foundation, **Tim Shriver** of Special Olympics, and **Diane Bubel** of the Bubel/Aiken Foundation— all leaders in the field of special needs advocacy—adds further credibility to this remarkable, ground-breaking book.

Like many of the readers she seeks to empower, Judy Winter has stood eye to eye with professionals in education, medicine and the law. In the process, she has become an increasingly confident and accomplished advocate and speaker for her son and other children with special needs. She has walked the reader’s difficult walk, and talks their talk, creating ‘expert’ credibility and an immediate bond with reader. Winter’s eagerness to share more than a decade of parenting knowledge with families and professionals is part of her passionate commitment to raising the bar of expectations for children with special needs—one child at a time.

Throughout *Breakthrough Parenting* the author’s upbeat, motivational approach focuses on the intrinsic value of *all* children, while challenging adults to raise their expectations by focusing on individual ability not disability. Winter’s fearless words and healthy dose of irreverent humor will leave many parents feeling increasingly empowered and ready to take on more dynamic parenting decisions— decisions that will change children’s lives.

With sensitive insight fueled by the author's passionate commitment to honoring her son's legacy, readers of *Breakthrough Parenting for Children with Special Needs: Raising the Bar of Expectations* will find in Winter an understanding, supportive friend and parenting comrade —and a great advocate for *all* children.

Breakthrough Parenting for Children with Special Needs: Raising the Bar of Expectations

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